



# BLUE HERON BREWPUB

108 W 9TH ST. MARSHFIELD, WISCONSIN • ESTABLISHED 2005

LENTEN MENU 2018

## PECAN BREADED CARR VALLEY CREAMA KASA

CARR VALLEY'S HOUSE CHEESE DEEP FRIED WITH OUR SIGNATURE PECAN BREADING. SERVED WITH APPLE SLICES AND HOUSE BAGUETTES DRIZZLED WITH LOCAL HONEY AND ACCOMPANIED WITH A SIDE OF OUR HOUSE CRANBERRY VINAIGRETTE - 14

### FRIED CALAMARI

LIMITED TIME OFFER!

CALAMARI DEEP FRIED IN OUR CAJUN STYLE CORN MEAL BREADING, SERVED WITH HOUSE MARINARA - 11

### CHEESE CURDS

LOCAL NASONVILLE DAIRY CHEESE CURDS, IN OUR SPECIAL BH BREADING SERVED WITH ROASTED GARLIC RANCH - 9

### FISH N CHIPS

BH BEER-BATTERED COD, HOUSE CUT FRIES, TARTAR - 10  
SUBSTITUTE POLLOCK FOR COD - 2  
MALT VINEGAR AVAILABLE UPON REQUEST

### THE DON'S WIFE

LIMITED TIME OFFER!

SOUTHWEST SEASONED GRILLED CHICKEN BREAST SMOTHERED WITH SAUTÉED ONIONS AND PROVOLONE CHEESE, OVER A BED OF ANCIENT GRAINS. SERVED WITH A SIDE OF BROCCOLI - 15

## ◆ THE GRILL ◆

SERVED WITH HOUSE-MADE KETTLE CHIPS, COLESLAW, APPLESAUCE, OR COTTAGE CHEESE. TRY OUR HOUSE CUT FRIES FOR \$1 MORE

### PICK YOUR PROTEIN

ELK\* - 11 - 1/3 LB LOCALLY SOURCED

BEEF\* - 9 - 1/3 LB LOCALLY SOURCED

GRILLED CHICKEN - 9 - HORMONE & ANTIBIOTIC FREE

VEGETARIAN - 9 - HOUSE-MADE, GLUTEN FREE

SALMON FILLET - 16

TWO CRAB CAKES - 12 - 3OZ EACH, OVEN ABOVE THE PUB SIGNATURE!

### MAKE IT A...

**PESTO** LETTUCE, TOMATO, PESTO & MELTED ASIAGO CHEESE ON OUR HOUSE MADE FOCACCIA BREAD - ADD 3

**BLACK & BLUE** LETTUCE, TOMATO, TABASCO INFUSED ONION TANGLERS, BLACKENED SEASONING, BLEU CHEESE SAUCE & BACON ON OUR BEER GRAIN BUN - ADD 4

**TRIPLE PICKLE MELT** HOUSE PICKLED RED ONIONS & PEPPERS, BANANA PEPPERS, SIGNATURE PICKLE SLICES, PROVOLONE & CHEDDAR CHEESES, CHIPOTLE HONEY BBQ ON YOUR CHOICE OF RYE OR SOUR DOUGH - ADD 3

**STONER** TWO 1/3 LB PATTIES BETWEEN TWO GRILLED CHEESE SANDWICHES WITH SAUTÉED ONIONS AND LOADS OF BACON - ADD 7 (SALMON OPTION GETS ONE FILLET, CRAB CAKE OPTION GETS 2 PATTIES)

**WESTERN** LETTUCE, TOMATO, PEACH-BOURBON BBQ, CHEDDAR CHEESE, ONION RINGS & BACON ON OUR BEER GRAIN BUN - ADD 3

**SHROOM & SWISS** LETTUCE, TOMATO, ONION, SAUTÉED BUTTON MUSHROOMS & SWISS CHEESE ON OUR BEER GRAIN BUN - ADD 2

### ADD ON'S...

**CHEESE** CHEDDAR, SWISS, PROVOLONE OR BLEU CHEESE CRUMBLES - ADD 1

**EXTRAS** JALAPENOS, SAUTÉED ONIONS, SAUTÉED MUSHROOMS, ONION RINGS, FRIED EGG, ONION TANGLERS OR GUACAMOLE - ADD 1  
BACON - ADD 2

**GLUTEN FREE BUN** - ADD 2

## ◆ PASTAS ◆

ALL OF OUR PASTAS ARE SERVED WITH OUR HOUSE GARLIC BREAD. MAKE IT CHEESY-ADD 1

### MAKE YOUR OWN PASTAS

#### GROWN UP MAC & CHEESE

OVEN-BAKED PENNE PASTA IN OUR SIGNATURE SIX-CHEESE GARLIC CREAM SAUCE TOPPED WITH PANKO BREAD-CRUMBS AND GREEN ONIONS - 12

#### SUN-DRIED TOMATO FETTUCCINI

FETTUCCINI TOSSED IN HOUSE-MADE CREAMY ALFREDO SAUCE WITH SUN-DRIED TOMATOES, RED ONIONS & ASIAGO - 12

### ADD-ONS FOR MAC & CHEESE AND FETTUCCINI

BACON - 2 CHICKEN - 3 SHRIMP - 4 SALMON STRIPS - 4

SMOKED PORK - 4 MUSHROOMS - 2 BROCCOLI - 2

HOUSE BLEND VEGETABLES - 3 PESTO - 2 ARTICHOKE - 3 HOTTER THAN HELL - 2

SALMON FILLET - 14 TWO CRAB CAKES - 10

### FORT MCCOY

CHICKEN, BACON, ITALIAN SAUSAGE, RED & GREEN ONIONS, FRESH GARLIC, MUSHROOMS & PENNE NOODLES, TOSSED IN A HOUSE SEASONED BLUSH SAUCE SMOTHERED AND BAKED WITH MOZZARELLA, ASIAGO & PARMESAN CHEESES & TOPPED WITH BLACK BEANS, DICED TOMATOES & GREEN ONIONS - 17

### CAJUN PASTA

BLACKENED SHRIMP & CHICKEN, ARTICHOKE, RED & GREEN ONIONS, CAJUN INFUSED CHEESE SAUCE, HOUSE GREENS, OVER A BED OF FETTUCCINI, TOPPED WITH FRESH DICED TOMATOES - 15

## ◆ DRESSINGS, DIPS & SIDES ◆

**DRESSINGS** ROASTED GARLIC RANCH, BALSAMIC VINAIGRETTE, CRANBERRY VINAIGRETTE, FRENCH, SESAME-GINGER VINAIGRETTE, THOUSAND ISLAND, BLEU CHEESE, CAESAR, OLIVE OIL & VINEGAR

**DIPS** ROASTED GARLIC RANCH, BLEU CHEESE, CHIPOTLE-HONEY BBQ, PEACH-BOURBON BBQ, CAJUN MAYO, SOUR CREAM. .25 SM .50 LG

**SIDES** COTTAGE CHEESE, HOUSE CUT FRIES, COLE SLAW, APPLESAUCE, OR GARLIC BREAD - 2  
SWEET POTATO FRIES, BASKET OF CHIPS, CHEESY GARLIC BREAD OR CUP OF SOUP - 3  
SIDE SALAD, SEASONAL VEGETABLES, BASKET OF ONION RINGS, CHEESE CURDS, OR BOWL OF SOUP - 4

NO SPLIT CHECKS ON PARTIES OF 12 OR MORE • FISH FRY ALL DAY EVERY FRIDAY

## ◆ SHAREABLES ◆

### CRAB DIP

CRAB MEAT, ARTICHOKE HEARTS, RED AND GREEN PEPPERS, ONIONS, AND CREAM CHEESE. BAKED WITH ITALIAN CHEESES AND SERVED WITH WARM BAGUETTE SLICES - 11

### CHICKEN BITES

BONELESS WINGS, TOSSED WITH SAUCE OF CHOICE: BUFFALO, PEACH-BOURBON BBQ, CAESAR, YELLOW CURRY, THAI PEANUT, OR CHIPOTLE-HONEY BBQ - 10  
GET THEM GRILLED - ADD 2  
TRY OUR HOTTER THAN HELL SAUCE - ADD 2

### FRIED DILL PICKLES

HOUSE MADE PICKLES SERVED WITH STONE GROUND MUSTARD OR ROASTED GARLIC RANCH - 8

### DUCK BACON & SWEET CORN WONTONS

LIMITED TIME OFFER!

DUCK BACON & SWEET CORN IN A CREAM CHEESE SAUCE, WRAPPED IN A SWEETENED WONTON WRAPPER AND DEEP FRIED TO PERFECTION. SERVED WITH OUR CHIPOTLE HONEY BBQ SAUCE - 3.25 EACH  
ORDER AS MANY OR AS FEW AS YOU'D LIKE!

### DUCK STRIPS

STRIPS OF TENDER DUCK IN PANKO-ALMOND BREADING, WITH SIDES OF ROASTED GARLIC RANCH OR CHIPOTLE-HONEY BBQ DIPPING SAUCE - 10

## ◆ FAVORITES ◆

ADD A CUP OF SOUP - 3 ADD A SIDE SALAD - 4

### CURRY N CHIPS

NOW VEGAN! TONS OF SAUTÉED VEGETABLES IN OUR INDIAN STYLE YELLOW CURRY SAUCE POURED OVER HOUSE CUT FRIES - 11

### ADD-ON'S

CRAB CAKES - 10 SALMON FILLET - 14

GRILLED CHICKEN - 3 SHRIMP - 4 DUCK - 4

SHAVED PRIME RIB - 5

DOUBLE VEGETABLES - 3 HOTTER THAN HELL - 2

SUB ANCIENT GRAINS - 3

ADD WARM TANDOORI NAAN BREAD - 2.5

### THE HERON'S LENTEN CATCH

LIMITED TIME OFFER!

7-8 OZ GRILLED SALMON FILLET OVER A BED OF ANCIENT GRAINS AND PICKLED VEGGIES; TOPPED WITH A WHITE MAPLE BALSAMIC DRIZZLE - 23

### BLACK ANGUS RIBEYE\*

10-12 OZ HAND CUT BLACK ANGUS RIBEYE TOPPED WITH SAUTÉED ONIONS & MUSHROOMS. SERVED WITH HOUSE FRIES AND A SEASONAL VEGGIE BLEND - 34  
ADD 8 SAUTÉED SHRIMP - 4 ADD 8 CRISPY SHRIMP - 5

## ◆ GREENS & WRAPS ◆

YOU CHOOSE - SALAD OR WRAP!

WRAPS WILL COME WITH YOUR CHOICE OF KETTLE CHIPS, COLESLAW, APPLESAUCE, OR COTTAGE CHEESE - HOUSE-CUT FRIES FOR \$1 MORE!

ALL OF OUR SALADS CAN BE SERVED WITH A DINNER ROLL FOR AN ADDITIONAL .50

### HOUSE ENHANCEABLES

**THE HIPPY** - ADD ANY ENHANCEMENT BELOW!

KALE WITH MIXED GREENS, QUINOA, RED PEPPER, MANGO, RED ONION, TOMATO, CUCUMBER, BLACK BEANS, AND SLICED ALMONDS. SERVED WITH OLIVE OIL AND BALSAMIC VINEGAR - 12

**CAESAR** - ADD ANY ENHANCEMENT BELOW!

ROMAINE LETTUCE, ASIAGO CHEESE, RED ONION AND HOUSE-MADE GARLIC CROUTONS. SERVED WITH CAESAR DRESSING - 8

**ASIAN SESAME** - ADD ANY ENHANCEMENT BELOW!

THAI PEANUT SAUCE, SESAME SEEDS, ROMANE LETTUCE, MANGO, RED BELL PEPPER AND CHOW MEIN NOODLES, SESAME GINGER VINAIGRETTE - 8

### ENHANCEMENTS

CHICKEN - 3 BACON - 2 SAUTÉED SHRIMP - 4 DUCK STRIPS - 4  
SALMON STRIPS - 4 SHAVED PRIME RIB - 5 SMOKED PORK - 4 ITALIAN SAUSAGE - 3  
ADD SALMON FILLET (SALADS ONLY) - 14 ADD CRAB CAKES (SALAD ONLY) - 10

### HOUSE SPECIALTIES

#### WISCONSIN CRANBERRY SALMON

HONEY SMOKED SALMON, DRIED WI CRANBERRIES, TOASTED PECANS, TOMATOES, CUCUMBERS, RED ONION, & GREENS; SERVED WITH CRANBERRY VINAIGRETTE - 12

#### THE ULTIMATE COBB

TURKEY, BACON, TOASTED PECANS, HARD-BOILED EGG SLICES, TOMATOES, CUCUMBERS, PROVOLONE, GREENS & YOUR CHOICE OF DRESSING - 11

#### CHICKEN BACON RANCH

GRILLED CHICKEN, BACON, ROMANE LETTUCE, TOMATO, CHEDDAR JACK CHEESE, AND ROASTED GARLIC RANCH - 9 CRISPY CHICKEN - ADD 1

## ◆ SANDWICHES ◆

ALL SERVED WITH HOUSE-MADE KETTLE CHIPS, COLESLAW, APPLESAUCE, OR COTTAGE CHEESE

TRY OUR HOUSE-CUT FRIES FOR \$1 MORE

### WEAK BEEF TRIPLE STACK

SHAVED PRIME RIB, PROVOLONE, CHEDDAR, SWISS, ASIAGO CHEESES, SAUTÉED MUSHROOMS & ONIONS, HOUSE PICKLE SLICES AND WEAK KNEES SRIRACHA TRIPLE STACKED ON YOUR CHOICE OF SOUR DOUGH, RYE OR PUMPERNICKEL - 16

BACK BY PUB CLUB DEMAND!! **TREE HUGGER**

RED ONION, CUCUMBERS, TOMATOES, BLACK BEANS, BLACK OLIVES, PROVOLONE CHEESE, GUACAMOLE, CAJUN MAYO ON PUMPERNICKEL - 10

ADD BACON & CALL IT A TREE STAND ADD 2

TRY IT ON OUR HOUSE FOCACCIA BREAD ADD 1

### FISH PO'BOY

BEER BATTERED POLLOCK, LETTUCE, TOMATO, PICKLED RED ONIONS, ZESTY REMOULADE, PICKLED RED PEPPERS SERVED ON A HOAGIE ROLL - 11

LIMITED TIME OFFER! **CRAB CAKE STACKER**

TWO, 3 OZ OVEN ABOVE THE PUB SIGNATURE CRAB CAKES WITH CHEDDAR CHEESE, LETTUCE, TOMATO, PICKLED RED PEPPERS, RED ONION ON A HOUSE BEER GRAIN BUN WITH A SIDE OF CAJUN MAYO - 13

### EL CUBANO

PULLED PORK, HAM, SWISS CHEESE, SAUTÉED ONIONS, PICKLE, MUSTARD, AND CAJUN SEASONINGS ON A SOURDOUGH HOAGIE WITH A SIDE OF CAJUN MAYO - 9

### HERON'S ODDBALL TURKEY SANDWICH

LOADS OF OVEN-ROASTED TURKEY, BACON, PROVOLONE CHEESE, 1000 ISLAND DRESSING, ALFALFA SPROUTS, PICKLED RED ONIONS ON OUR HOUSE FOCACCIA BREAD - 12

### REUBEN

VOTED MARSHFIELD'S BEST! BH BEER-BRAISED CORNED-BEEF BRISKET, SAUER-KRAUT, SWISS CHEESE AND THOUSAND ISLAND ON GRILLED MARBLED RYE - 9

### BAKED SALMON

ROASTED SALMON STRIPS, ZESTY REMOULADE, LETTUCE, BLACK OLIVES, RED ONION AND GUACAMOLE ON PUMPERNICKEL - 12

### PAUL'S BLT

BACON, LETTUCE, TOMATO & MAYO ON MARBLED RYE OR SOURDOUGH BREAD - 9

\*WARNING: WHETHER DINING OUT OR PREPARING FOOD AT HOME, CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

